THE

LAITY's Directory;

OR THE

ORDER

OF THE

CHURCH SERVICE,

ON

SUNDAYS and HOLY DAYS,

For the YEAR of our LORD, M,DCC,LXX.

Being the SECOND after LEAP-YEAR.

By Permiſſion and with Approbation.

Printed in the YEAR M,DCC,LXX.

BRITISH MUSEUM

ABBREVIATIONS and NOTES.

Apoſt. *ſignifies* Apoſtle; App. Apoſtles; Mart. Martyr; M M. Martyrs; Bp. Biſhop; Conf. Confeſſor; Doct. Doctor; Virg. Virgin; Wid. Widow; K. King; Qu. Queen.

Doub. *ſignifies* Double; Semid. Semidouble; Simp. Simple; *White*, *Red*, &c. in Italick, denotes the Colour of the Ornaments of the Day; Feria, is a Day for which no Saint's Office is appointed; Com. *ſignifies* Commemoration: Feſtivals of Obligation are in Capitals.

THE LAITY's Directory, &c.

For the Year of our LORD M,DCC,LXX.

A TABLE of MOVEABLE FEASTS.

Dominical Letter	G.	Aſcenſion Day	May 24.
Epact	III.	Whitſunday	June 3
Septuageſima	Feb. 11.	Corpus Chriſti	June 14
Aſh Wedneſday	Feb. 28.	Sundays after Pentecoſt	25
Eaſter Sunday	April 15.	Advent Sunday	Decem. 2.

N. B As to the Colours uſed in the prieſtly Ornaments in the Church Service, that the *White* is uſed on the Feaſts of our Lord, of the bleſſed Virgin, and of all the Saints who are not Martyrs. The *Red* is uſed at Whitſuntide, on the Invention and Exaltation of the Croſs, and on all the Feaſts of the Apoſtles and Martyrs. The *Purple* or *Violet*, which is the penitential colour, is uſed on all the Sundays and Ferias of Advent, and of the penitential Time from Septuageſima till Eaſter; as alſo on Vigils, Ember-Days, and Rogation-Days, when the Office is of them. *Green* is uſed on all Sundays and Ferias, from Trinity Sunday to Advent excluſively, and from the Octave of the Epiphany to Septuageſima excluſively, whenever the Office is of the Sunday; but in the Paſchal Time the *White* is uſed. The *Black* is uſed on Good Friday, and in Maſſes of *Requiem* for the Dead; which may be ſaid on any Day which is not a Sunday or a Double, except the Days from Palm Sunday to Low Sunday; and during the Octaves of the Epiphany, of Pentecoſt, and of Corpus Chriſti.

The Pſalms that are ſung for the Veſpers on Sundays, are Pſ. 109. *Dixit Dominus.* Pſ. 110. *Confitebor.* Pſ. 111. *Beatus vir.* Pſ. 112. *Laudate Pueri.* Pſ. 113. *In exitu Iſrael.* The ſame are ſung on the Feaſts of Epiphany, Eaſter, Whitſuntide, &c. On the Feaſt of the Aſcenſion, and in the firſt Veſpers of *All Saints*, and of Apoſtles, Martyrs, and Confeſſors, the ſame Pſalms are ſung, only inſtead of the laſt Pſalm, *In exitu*, is ſaid the ſhort Pſalm 116. *Laudate Dominum omnes gentes:* In the ſecond Veſpers for *All Saints*, and for Martyrs, is ſaid the Pſalm 115. *Credidi:* and in the ſecond Veſpers for Confeſſors Biſhops, the Pſalm 131. *Memento Domine David.* In the ſecond Veſpers for the Apoſtles, are ſung, *Dixit Dominus. Laudate pueri. Credidi.* Pſ. 125. *In convertendo,* &c. Pſ. 139. *Domine probaſti.* Where Note, That the *firſt* Veſpers are thoſe which are ſaid on the Eve of the Feaſt; and the *ſecond* Veſpers, thoſe which are ſaid on the Day itſelf.

The Pſalms for Veſpers on Chriſtmas Day, and the Four following Holy Days, are, *Dixit Dominus. Confitebor. Beatus vir. De profundis*, Pſ. 129. and *Memento Domine David.*

On New Year's Day, Candlemas Day, and on all the Feaſts of the Bl. Virgin, and moſt of thoſe of the Women Saints, the Pſalms at Veſpers are, *Dixit Dominus. Laudate pueri. Lætatus ſum.* Pſ. 121. *Niſi Dominus.* Pſ. 126. and *Lauda Jeruſalem.* Pſ. 147.

The Suffrages, or Common Commemorations, of our Bleſſed Lady, of SS. Peter and Paul, of the Patron Saint, and the Prayer for Peace, are recited after the Prayer or Prayers of the Day, in the Veſpers of all Sundays and other Days that are not Doubles or within Octaves, excepting the Time of Advent, and from Paſſion Sunday till Trinity Sunday.

Plenary

Plenary Indulgences granted to the Faithful in the L——— Diſtrict.

1. IN the firſt Week in *Lent*, beginning with the firſt *Sunday*, and ending with the ſecond *Sunday* incluſively.
2. On *Corpus Chriſti* Day, and during the Octave.
3. On All Saints Day, and during the Octave.

The Conditions for gaining theſe Indulgences, are:

1. To confeſs their Sins with a ſincere Repentance to a Prieſt approved by the Biſhop. 2. Devoutly and worthily to receive the Holy Communion. 3. If their Condition allow it, to give ſome Alms to the Poor. 4. On the Day of their Communion, to offer up ſome Prayers to God, for the whole State of the Catholick Church throughout the World. For the bringing all ſtraying Souls to the Fold of Chriſt. For the general Peace of Chriſtendom, and for the Bleſſing of God upon this Nation.

Beſides the abovementioned, there are moreover granted four other Plenary Indulgences, at the following Times.

1. On Chriſtmas Day, and the twelve Days following to the Day of the Epiphany incluſively.
2. At Eaſter; *i. e.* from Palm-Sunday incluſively, to Low Sunday incluſively.
3. On Whit-Sunday, and during the Octave, including Trinity-Sunday.
4. On the Feaſt of the Aſſumption of the Bleſſed Virgin *Mary*, and during the Octave.

The Conditions of theſe four Indulgences, are:

1. To confeſs their Sins, as above.

2. To communicate, as above.
3. To visit some Chapel or Oratory, where Mass is celebrated, and there offer up their Prayers for the Peace and Welfare of God's Church.
4. That they be in a Disposition, if their Circumstances will allow it, to assist the Poor with Alms in Proportion to their Abilities; or to frequent Catechisms and Sermons, or to visit and comfort the Sick, and such as are near their End, if they have the Opportunity.

Note. It is not required for the gaining these Indulgences, that these Works of Mercy, corporal or spiritual, or this assisting at Catechism or Sermons; be done on the same Day with the Communion; but only that Persons be then in a Disposition or Readiness of Mind, to do these Things, or some of them, at least, when Opportunity shall offer.

JANUARY 31 Days.

1 Monday. THE CIRCUMCISION of our LORD, a Double of the second Class, *white*. Vesp. of the Feast, Com. of the Octave of St. Stephen.
2 Tues. Octave of St. Stephen, doub. *red.*
3 Wedn. Octave of St. John, doub. *white.*
4 Thurs. Octave of Holy Innocents, doub. *red.*
5 Frid. Octave of St. Thomas of Cant. doub. *red.* Abstinence.
6 Sat. The EPIPHANY of our LORD, doub. of first Class, *white*. Abstinence. Vesp. of the Feast, Com. of the Sunday.
7 SUNDAY first after Epiph. *white*. Vespers of it, Com. of the Epiph.

8 Mond.

8 Mond. of the Octave of the Epiph. *white.*
9 Tuef. of the Octave of the Epiph. *white.*
10 Wedn. of the Octave of the Epiph. *white.*
11 Thurf. of the Octave of the Epiph. *white.*
12 Frid. of the Octave of the Epiph. *white.* Abſtinence.
13 Sat. Octave Day of the Epiph. *white.* Abſtinence.
14 Second SUNDAY after Epiph. Holy NAME OF JESUS, doub. of 2d. Claſs. *white.* Veſp. of the Feaſt, Com. of St. Paul, alſo of the Sunday, and of St. Maurus.
15 Mond. St. Paul firſt Hermit, doub. *white.*
16 Tuef. St. Marcellus, Pope. M. ſemid. *red.*
17 Wedn. St. Anthony Ab. doub. *white.*
18 Thurf. St. Peter's Chair at Rome, a greater doub. *white.*
19 Frid. St. Canutus, K. M. ſemid. *red.* Faſt.
20 Sat. SS. Fabian and Sebaſtian, MM. doub. *red.* Abſtinence.
21 Third SUNDAY after Epiph. St. Agnes, Virg. Mart. doub. *red.* Veſp. of her, Com. of the Sund. and of SS. Vincent and Anaſtaſius.
22 Mond. SS. Vincent and Anaſtaſius, MM, ſemid. *red.*
23 Tuef. St. Raymund Conf. ſemid. *white.*
24 Wedn. St. Timothy Bp. M. ſemid. *red.*
25 Thurf. Converſion of St. Paul, a greater doub. *white.*
26 Frid. St. Polycarp, Bp. M. ſemid. *red.* Faſt.
27 Sat. St. John Chryſoſtom, Bp. Doct. doub. *white.* Abſtinence.
28 Fourth SUNDAY after Epiph. *green.* Veſp. of St. Francis de Sales, Com. of the Sunday.
29 Mond. St. Francis de Sales, Bp. doub. *white.*
30 Tuef. St. Martina, Virg. M. ſemid. *red.*
31 Wedn. St. Peter Nolaſco, Conf. doub. *white.*

FEBRU-

FEBRUARY 28 Days.

1 Thurſ. St. Ignatius, Bp. M. ſemid. *red.* Faſt.
2 Frid. CANDLEMAS-DAY doub. of 2d. Claſs. *white.* Abſtinence. Veſp. of the Feaſt. Com. of St. Hilary and of St. Blaſe, after Complin *Ave Regina.*
3 Sat. St. Hilary, Bp. (from Jan. 14) ſemid. *white.* Abſtinence.
4 Fifth SUNDAY after Epiph. St. Andrew Corſini, Bp. doub. *white.* Veſp. of him, from the little Chap. of St. Agatha, with Com. of the Sunday.
5 Mond. St. Agatha, V. M. doub. *red.*
6 Tueſ. St. Dorothy, V. M. ſimple. *red.*
7 Wedn. St. Romuald, Ab. doub. *white.*
8 Thurſ. St. John of Matha, Conf. doub. *white.*
9 Frid. St. Apollonia, V. M. ſimp. *red.* Faſt.
10 Sat. St. Scholaſtica, V. doub. *white.* Abſtinence.
11 SEPTUAGESIMA-SUNDAY, *purple.* Veſp. of the Sunday.
12 Mond. Feria, *purple.*
13 Tueſ. Feria, *purple.*
14 Wedn. St. Valentine, M. ſimp. *red.*
15 Thurſ. SS. Fauſtinus and Jovita, MM. ſimp. *red.*
16 Frid. Feria, *purple.* Faſt.
17 Sat. of our Bleſſed Lady, *white.* Abſtinence.
18 SEXAGESIMA SUNDAY, *purple.* Veſpers of the Sunday.
19 Mond. Feria, *purple.*
20 Tueſ. Feria, *purple.*
21 Wedn. Feria, *purple.*

22 Thurſ.

22. Thurſ. St. Peter's Chair at Antioch, a greater doub. *white.*
23 Frid. Vigil of St. Matthias, *purple.* Faſt.
24 Sat. St. MATTHIAS Ap. doub. of 2d. Claſs. *red.* Veſpers ſecond of the App. Com. of Quinquageſima.
25 QUINQUAGESIMA SUNDAY, *purple.* Veſp. of the Sunday.
26 Mond. Feria, *purple.*
27 Shrove Tueſ. Feria, *purple.*
28 Aſh-Wedneſday, *purple.* Faſt to be continued till Saturday in Holy Week incluſively, on all Days except Sundays, and on Sundays Abſtinence.

MARCH 31 Days.

1 Thurſ. Feria, *purple.*
2 Frid. Feria, *purple.*
3 Sat. Feria, *purple.*
4 Firſt SUNDAY of Lent, *purple.* Veſp. of the Sunday, Com. of St. Caſimir.
5 Mond. St. Caſimir, Conf. (from Yeſterday) ſemid. *white.*
6 Tueſ. Feria, *purple.*
7 Wedn. St. Thomas of Aquin. Conf. Doct. doub. *white.* Ember Day.
8 Thurſ. St. John of God, Conf. doub. *white.*
9 Frid. St. Frances, Wid. doub. *white.* Ember-day.
10 Sat. Forty Martyrs. ſemid. *red.* Ember-day.
11 Second SUNDAY of Lent. *purple.* Veſpers of St. Gregory, Com. of the Sunday.
12 Mond. St. Gregory the Great, doub. *white.*

13 Tueſ.

13 Tueſ. Feria, *purple.*
14 Wedn. Feria, *purple.*
15 Thurſ. Feria, *purple.*
16 Frid. Feria, *purple.*
17 Sat. St. Patrick, Ap. of Ireland, *white.*
18 Third SUNDAY of Lent, *purple.* Veſpers of St. Joſeph, Com. of the Sunday.
19 Mond. St. JOSEPH, doub. of 2d. Claſs. *white.* Veſpers of him, Com. of the Feria of Lent.
20 Tueſ. Feria, *purple.*
21 Wedn. St. Bennet, Ab doub. *white.*
22 Thurſ. Feria, *purple.*
23 Frid. Feria, *purple.*
24 Sat. Feria, *purple.*
25 Fourth SUNDAY of Lent. Veſpers of the Annunciation of our Bleſſed Lady, Com. of the Sunday.
26 Mond. The Annunciation of B. V. (from Yeſterday) doub. of 2d. Claſs. *white*
27 Tueſ. Feria, *purple.*
28 Wedn. Feria, *purple.*
29 Thurſ. Feria, *purple.*
30 Frid. Feria, *purple.*
31 Sat. Feria, *purple.*

APRIL 30 Days.

1 PASSION SUNDAY, *purple.* Veſp. of St. Francis de Paula, Com. of the Sunday.
2 Mond. St. Francis de Paula, Conf. doub. *white.*
3 Tueſ. Feria, *purple.*
4 Wedn. St. Iſidore, Bp. Doct. doub. *white.*
5 Thurſ. St. Vincent Ferrerius, Conf. doub. *white.*

6 Frid.

6 Frid. Dolours of the B. V. a greater doub. *white*.
7 Sat. Feria, *purple*.
8 PALM SUNDAY, *purple*. Veſp. of the Sunday.
9 Mond. Feria, *purple*.
10 Tueſ. Feria, *purple*.
11 Wedn. Feria, *purple*. In the Afternoon *Tenebræ* Office.
12 Maundy Thurſday, doub. of 1ſt. Claſs. in the Maſs *white*. in the *Tenebræ* Office *purple*.
13 Good Friday, doub. of the 1ſt. Claſs. *black*. In the *Tenebræ* Office *purple*.
14 Holy Saturday, doub. of 1ſt. Claſs, Maſs *white*. after Complin, *Regina Cœli lætare*.
15 EASTER-SUNDAY,
16 EASTER-MONDAY,
17 EASTER-TUESDAY, } doub. of the 1ſt Claſs, *white*. Veſp. of Eaſter.
18 Wedn. of the Octave, *white*.
19 Thurſ. of the Octave, *white*.
20 Frid. of the Octave, *white*. Abſtinence.
21 Sat. of the Octave, *white*. Abſtinence.
22 LOW SUNDAY, a greater doub. *white*. Veſp. of St. George, Com. of the Sunday.
23 Mond. St. GEORGE, M. doub. of 1ſt. Claſs, *red*. Veſpers of him, Com. of St. Leo.
24 Tueſ. St. Leo the Great, (from April 11.) doub. *white*.
25 Wedn. St. Mark, doub. of 2d. Claſs, *red*. Abſtinence.
26 Thurſ. SS. Cletus & Marcellinus, Popes, MM. ſemid. *red*.
27 Frid. St. Anſelm, Bp. Doct. (from April 21) doub. *white*. Abſtinence.
28 Sat. of the Octave of St. George, *red*. Abſtinence.
29 Second SUNDAY after Eaſter, St. Peter, M. doub. *red*. Veſpers of him, from the little Chap-

Chapter of the Octave of St. George, with a Com. of St. Peter M. and of the Sunday.

30 Mond. Octave of St. George, *red.*

MAY 31 Days.

1 Tueſ. SS. PHILIP and JAMES, App. doub. of the ſecond Claſs, *red.* Veſpers (ſecond) of the Apoſtles, Com. of St. Athanaſius.

2 Wedn. St. Athanaſius, Bp. Doct. doub. *white.*

3 Thurſ. FINDING of the CROSS, doub. of the 2d. Claſs, *red.* Veſpers of the Feaſt, Com. of St. Monica.

4 Frid. St. Monica Wid. doub. *white.* Abſtinence.

5 Sat. St. Catherine of Sienna, Virg. (April 30th) doub. *white.* Abſtinence.

6 Third SUNDAY after Eaſter, St. John Ap. before the Latin Gate, a greater doub. *red.* Veſpers (ſecond) of the Apoſtles, Com of St. Staniſlaus, and of the Sunday.

7 Mond. St. Staniſlaus, Bp. Mart. doub. *red.*

8 Tueſ. Apparition of St. Michael, a greater doub. *white.*

9 Wedn. St. Gregory Nazianzen, Bp. Doct. doub. *white.*

10 Thurſ. St. Antoninus, Bp. ſemid. *white.*

11 Frid. St. Pius V. Pope, (May 5) ſemid. *white.* Abſtinence.

12 Sat. SS. Nereus, &c. MM. ſemid. *red.* Abſtinence.

13 Fourth SUNDAY after Eaſter. *white.* Veſpers of the Sunday, Com. of St. Hermengild, (from April 13) and of St. Boniface.

14 Mond.

14 Mond. St. Hermengild, M. ſemid. *red.*
15 Tueſ. SS. Soter and Caius, Popes, MM. (from April 22) ſemid. *red.*
16 Wedn. St. Ubaldus, Bp. Conf. ſemid. *white.*
17 Thurſ. Feria, *white.*
18 Frid. St. Venantius, M. ſemid. *red.* Abſtinence.
19 Sat. St. Peter Celeſtine, Pope, Conf. doub. *white.* Abſtinence.
20 Fifth SUNDAY after Eaſter, *white.* Veſpers of the Sunday, Com. of St. Bernardin.
21 Mond. St. Bernardin, Conf. ſemid. (Yeſterday) *white.* Litanies for the Rogations, *purple.* Abſtinence.
22 Tueſ. Rogation Day, *purple.* Abſtinence.
23 Wedn. Vigil of the Aſcenſion, Rogation Day, *purple.* Abſtinence.
24 Thurſ. ASCENSION of our LORD, doub. of the firſt Claſs, *white.* Veſpers of the Feaſt, Com. of St. Mary Magdalene de Pazzis.
25 Frid. St. Mary Magdalene de Pazzis, Virg. ſemid. *white.* Abſtinence.
26 Sat. St. Auguſtin, Apoſtle of the Engliſh, doub. of ſecond Claſs. *white.* Abſtinence.
27 SUNDAY within the Octave of the Aſcenſion, St. Philip Nerius, Conf. doub. *white.* Veſpers of him, Com. of the Sunday, of the Octave of the Aſcenſion, and of the Octave of St. Auguſtin.
28 Mond. of the Octave of the Aſcenſion, *white.*
29 Tueſ. of the Octave of the Aſcenſion, *white.*
30 Wedn. of the Octave of the Aſcenſion, *white.*
31 Thurſ. Octave of the Aſcenſion, *white.*

JUNE 30 Days.

1 Frid. of the Octave of St. Auguſtin, *white.* Abſtinence.

2 Sat. Whitſun Eve, *red.* Faſt.
3 WHIT-SUNDAY,
4 WHIT-MONDAY,
5 WHIT-TUESDAY, } doub. of the 1ſt. Claſs, *red.* Veſpers of the Feaſt.
6 Wedn. within the Octave, *red.* Ember Day. Faſt.
7 Thurſ. of the Octave, *red.*
8 Frid. of the Octave, *red.* Ember Day. Faſt.
9 Sat. of the Octave, *red.* Ember Day. Faſt. After Complin, *Salve Regina.*
10 TRINITY SUNDAY, firſt after Pentecoſt, *white.* Veſpers of the Feaſt, Com. of St. Barnaby, and of the Sunday.
11 Mond. St. Barnaby, Ap. a greater doub. *red.*
12 Tueſ. St. John de Facundo, Conf. doub. *white.*
13 Wedn. St. Anthony of Padua, Conf. doub. *white.*
14 Thurſ. CORPUS CHRISTI, doub. of 1ſt. Claſs, *white.* Veſpers proper.
15 Frid. of the Octave, *white.* Faſt.
16 Sat. of the Octave, *white.* Abſtinence.
17 SUNDAY within the Octave, Second after Pentecoſt, *white.* Veſpers of the Sunday, Com. of the Octave, and of St. Marcus, &c. MM.
18 Mond. of the Octave, *white.*
19 Tueſ. St. Juliana, Virg. doub. *white.*
20 Wedn. of the Octave, *white.*
21 Thurſ. Octave of Corpus Chriſti, *white.*
22 Frid. St. Norbert, Bp. (6) doub. *white.* Faſt.
23 Sat. St. Baſil, Bp. Doct. (14) doub. *white.* Vigil of St. John. Faſt.
24 Third SUNDAY after Pentecoſt, Nativity of St. JOHN BAPTIST, doub. of 1ſt. Claſs, Veſpers of him, Com. of the Sunday.
25 Mond. of the Octave, *white.*
26 Tueſ. SS. John and Paul, MM. doub. *red.*
27 Wedn. of the Octave, *white.*

28 Thurſ. St. Leo, Pope, Conf. ſemid. *white.* Vigil of SS. Peter and Paul. Faſt.
29 Frid. SS. PETER and PAUL, App. doub. of the firſt Claſs, *red.* Veſpers (ſecond) of the Apoſtles. Abſtinence.
30 Sat. The Commemoration of St. Paul, doub. *red.* Abſtinence.

JULY 31 Days.

1 Fourth SUNDAY after Pentecoſt, Octave of St. John Baptiſt, doub. *white.* Veſpers of the Viſitation of the B. V. Com. of St. John Baptiſt, of the Sunday, of the Octave of the App. and of St. Proceſſus, &c. MM.
2 Mond. Viſitation of the B. Virgin, a greater doub. *white.*
3 Tueſ of the Octave of the Apoſtles, *red.*
4 Wedn. of the Octave, *red.*
5 Thurſ. of the Octave, *red.*
6 Frid. The Octave Day, doub. *red.* Faſt.
7 Sat. St. Margaret, Qu. of Scots, (June 10) ſemid. *white.* Abſtinence.
8 Fifth SUNDAY after Pentecoſt, *green.* Veſpers of the Sunday, Com. of St. Elizabeth.
9 Mond. St. Elizabeth, Qu. of Portugal, (8) ſemid. *white.*
10 Tueſ. Seven Brothers, &c. MM. ſemid. *red.*
11 Wedn. St. Pius, Pope, M. ſimp. *red.*
12 Thurſ. St. John Gualbert, Ab. doub. *white.*
13 Frid. St. Anacletus, Pope, M. ſemid. *red.* Faſt.
14 Sat. St. Bonaventure, Bp. Doct. doub. *white.* Abſtinence.
15 Sixth SUNDAY after Pentecoſt, *green.* Veſpers of the Bl. Virgin, Com. of the Sunday.

16 Mond. Our Lady of Mount Carmel, a greater doub. *white.*
17 Tuef. St. Alexius, Conf. ſemid. *white.*
18 Wedn. St. Camillus, Conf. ſemid. *white.*
19 Thurſ. St. Vincent Paul. Conf. doub. *white.*
20 Frid. St. Henry, Emperor, (15) ſemid. *white.* Faſt.
21 Sat. of our Lady, *white.* Abſtinence.
22 Seventh SUNDAY after Pentecoſt, St. Mary Magdalene, doub. *white.* Veſpers of her, from the little Chapter of St. Apollinaris, Com. of St. Mary Magdalene, of the Sunday, and of St. Liborius.
23 Mond. St. Apollinaris, Bp. M. doub. *red.*
24 Tuef. Vigil of St. James, *purple.* Faſt.
25 Wedn. St. JAMES, Ap. doub. of ſecond Claſs, *red.* Veſpers (ſecond) of the Apoſtles, Com. of St. Ann.
26 Thurſ. St. ANN, Mother of the Bl. Virgin, *white.* Veſp. of the Feaſt, Com. of St. Pantaleon.
27 Frid. St. Pantaleon, M. ſimp. *red.* Faſt.
28 Sat. St. Nazarius, &c. MM. ſemid. *red.* Abſtinence.
29 Eighth SUNDAY after Pentecoſt, *green.* Veſp. of the Sunday, Com. of St. Martha, and of SS. Abdon and Sennen, MM.
30 Mond. St. Martha, Virg. (29) ſemid. *white.*
31 Tuef. St. Ignatius, Conf. doub. *white.*

AUGUST 31 Days.

1 Wedn. St. Peter's Chains, a greater doub. *white.*
2 Thurſ. St. Stephen, Pope, M. ſimp. *red.*
3 Frid. Finding of the Body of St. Stephen, 1ſt. M. ſemid. *red.* Faſt.
4 Sat. St. Dominick, Conf. doub. *white.* Abſtinenc.

5 Ninth

5 Ninth SUNDAY after Pentecoſt, St. Mary *ad Nives*, a greater doub. *white*. Veſpers of the Transfiguration, Com. of our Lady, of the Sunday, and of St. Xyſtus, &c. MM.

6 Mond. The Transfiguration of our Lord, a greater doub. *white*.

7 Tueſ. St. Cajetan, Conf. doub. *white*.

8 Wedn. SS. Cyriacus, &c. MM. ſemid. *red*.

9 Thurſ. Vigil of St. Laurence, *purple*. Faſt.

10 Frid. St. LAURENCE, M. doub. of 2d. Claſs, *red*. Veſpers of him, Com. of St. Tiburtius, &c. Abſtinence.

11 Sat of the Octave of St. Laurence, *red*. Abſtinence.

12 Tenth SUNDAY after Pentecoſt, St. Clare, V. doub. *white*. Veſpers of her, Com. of the Sunday, and of the Octave.

13 Mond. of the Octave, *red*.

14 Tueſ. Vigil of the Aſſumption, *purple*. Faſt.

15 Wedn. ASSUMPTION of the Bleſſed Virgin, doub. of 1ſt. Claſs, *white*. Veſpers of the Feaſt, Com. of St. Hiacinth.

16 Thurſ. St. Hiacinth, Conf. doub. *white*.

17 Frid. Octave of St. Laurence, doub. *red*. Faſt.

18 Sat. of the Octave of the Aſſumption, *white*. Abſtinence.

19 Eleventh SUNDAY after Pentecoſt, St. JOACHIM Father of the Bl. Virgin, a greater doub. *white*. Veſpers of him, Com. of St. Bernard, of the Sunday, and of the Octave.

20 Mond. St. Bernard, Ab. doub. *white*.

21 Tueſ. of the Octave, *white*.

22 Wedn. The Octave of the Aſſumption, *white*.

23 Thurſ. St. Philip Beritius, Conf. doub. *white*. Vigil of St. Bartholomew. Faſt.

24 Frid. St. BARTHOLOMEW, Ap. doub. of 2d. Claſs, *red.* Abſtinence. Veſpers (ſecond) of Apoſtles, Com of St. Lewis.
25 Sat. St. Lewis, K. Conf. ſemid. *white.* Abſtinence.
26 Twelfth SUNDAY after Pentecoſt, *green.* Veſp. of the Sunday.
27 Mond. Feria, *green.*
28 Tueſ. St. Auſtin, Bp. Doct. doub. *white.*
29 Wedn. Decollation of St. John Baptiſt, doub. *red.*
30 Thurſ. St. Roſa, Virg. doub. *white.*
31 Frid. St. Raimund Nonnatus, Conf. doub. *white.* Faſt.

SEPTEMBER 30 Days.

1 Sat. St. Giles, Ab. ſimp. *white.* Abſtinence.
2 Thirteenth SUNDAY after Pentecoſt, *green.* Veſp. of the Sunday, Com. of St. Stephen.
3 Mond. St. Stephen, King of Hungary, (2) ſemid. *white.*
4 Tueſ. Feria, *green.*
5 Wedn. St. Laurence Juſtinian, Bp. Conf. ſemid. *white.*
6 Thurſ. Feria, *green.*
7 Frid. Feria, *green.* Faſt.
8 Sat. NATIVITY of the BLESSED VIRGIN, doub. 2d. Claſs, *white.* Veſpers of our Lady, Com. of the 14th Sunday, and of St. Gorgonius. Abſtinence.
9 Fourteenth SUNDAY after Pentecoſt, the Name of MARY, a greater doub. *white.* Veſpers of the Feaſt, Com. of St. Nicolas and of the Sunday.
10 Mond. St. Nicolas Tolentinus, Conf. doub. *white.*
11 Tueſ. of the Octave of the Nativity, *white.*

12 Wedn.

12 Wedn. of the Octave, *white.*
13 Thurſ. of the Octave, *white.*
14 Frid. The Exaltation of the Croſs, a greater doub. *red.* Faſt.
15 Sat. Octave of the Nativity, doub. *white.* Abſtinence.
16 Fifteenth SUNDAY after Pentecoſt, *green.* Veſpers of the Sunday, Com. of the Stigmats of St. Francis.
17 Mond. Stigmats of St. Francis, ſemid. *white.*
18 Tueſ. St. Thomas of Villanova, Bp. Conf. ſemid. *white.*
19 Wedn. SS. Januarius, &c. MM. doub. *red.* Ember Day, Faſt.
20 Thurſ. SS. Euſtachius, &c. MM. doub. *red.* Vigil of St. Matthew, Faſt.
21 Frid. St. MATTHEW, Ap. & Evang. doub. of 2d. Claſs, *red.* Ember Day, Faſt. Veſpers (ſecond) of Apoſtles, Com. of St. Linus and of St. Thecla
22 Sat. St. Linus, Pope, M. ſemid. *red.* Ember Day, Faſt.
23 Sixteenth SUNDAY after Pentecoſt, *green.* Veſpers of our Lady of Mercy, Com. of the Sunday.
24 Mond. Our Lady of Mercy, a greater doub. *white.*
25 Tueſ. SS. Cornelius & Cyprian, MM. (16) ſemid. *red.*
26 Wedn. SS. Cyprian & Juſtina, MM. ſimp. *red.*
27 Thurſ. SS. Coſmas & Damian, MM. ſemid. *red.*
28 Frid. St. Wenceſlaus, M. ſemid. *red.* Faſt.
29 Sat. MICHAELMAS Day, doub. 2d Claſs, *white.* Abſtinence. Veſp. of the Feaſt, Com. of St. Jerome, and of the 17th Sunday.
30 Seventeenth SUNDAY after Pentecoſt, St. Jerome

rome, Conf. Doct. doub. *white*. Veſpers of him; Com. of the Sunday, and of St. Remigius.

OCTOBER 31 Days.

1 Mond. St. Remigius, Bp. ſemid. *white*.
2 Tueſ. Angels Guardians, doub. *white*.
3 Wedn. Feria, *green*
4 Thurſ. St. Francis, Conf. doub. *white*.
5 Frid. SS. Placidus, &c. MM. ſimp. *red*. Faſt.
6 Sat. St Bruno, Conf. doub. *white*. Abſtinence.
7 Eighteenth SUNDAY after Pentecoſt, ourLady of the ROSARY, a greater doub. *white*. Veſp. of our Lady, Com. of St. Bridget, and of the Sunday.
8 Mond. St. Bridget Wid. doub. *white*.
9 Tueſ. SS. Denis, &c. MM. ſemid. *red*.
10 Wedn. St. Francis Borgia, Conf. ſemid. *white*.
11 Thurſ. Feria, *green*.
12 Frid. Feria, *green*. Faſt.
13 Sat. St. Edward, K. Conf. doub. 2d Claſs, *white*. Abſtinence.
14 Nineteenth SUNDAY after Pentecoſt, *white*. Veſp. of St. Tereſa, Com. of the Sunday, and of the Octave of St. Edward.
15 Mond. St. Tereſa, Virg. doub. *white*.
16 Tueſ. of the Octave of St. Edward, *white*.
17 Wedn. St. Hedwiges, Wid. ſemid. *white*.
18 Thurſ. St. Luke, Evangeliſt, doub. 2d. Claſs. *red*.
19 Frid. St. Peter of Alcantara, Conf. doub. *white*. Faſt.
20 Sat. Octave of St. Edward, doub. *white*. Abſtinence.
21 Twentieth SUNDAY after Pentecoſt, St. Urſula and her Companions VV. MM. a greater doub.

doub. *red.* Veſp. of the Feaſt, Com. of the Sunday.

22 Mond. St. Calliſtus, Pope, M. (14) ſemid. *red.*
23 Tueſ. Feria, *green.*
24 Wedn. Feria, *green.*
25 Thurſ. SS. Chryſanthus and Daria, MM. ſimp. *red*
26 Frid. St. Evariſtus, Pope, M. ſimp. *red.* Faſt.
27 Sat. Vigil of SS. Simon and Jude, *purple.* Faſt.
28 Twenty-firſt SUNDAY after Pentecoſt, SS. SIMON and JUDE, App. doub. 2d Claſs, *red.* Veſp. ſecond of Apoſtles, Com. of St. Bede, and of the Sunday.
29 Mond. St. Bede, Conf. doub. *white.*
30 Tueſ. Feria, *green.*
31 Wedn. Vigil of All Saints, *purple.* Faſt.

NOVEMBER 30 Days.

1 Thurſ. ALL SAINTS, doub. of 1ſt Claſs, *white.* After the Veſpers of the Feaſt are ſaid the Veſpers of the Dead.
2 Frid. All Souls, *black.* Faſt.
3 Sat. of the Octave of All Saints, *white.* Abſtinence.
4 Twenty-ſecond SUNDAY after Pentecoſt, St. Charles, Bp. Conf. doub. *white.* Veſpers of him, Com. of the Sunday, and of the Octave.
5 Mond. of the Octave, *white.*
6 Tueſ. of the Octave *white.*
7 Wedn. of the Octave, *white.*
8 Thurſ. Octave of All Saints, doub. *white.*
9 Frid. Dedication of St. John Lateran, doub. *white.* Faſt.
10 Sat. St. Andrew Avellin, Conf. ſemid. *white.* Abſtinence.
11 Twenty-third SUNDAY after Pentecoſt, St. Martin

Martin, Bp. Conf. doub. *white.* Veſpers of him, Com. of the Sunday, and of St. Martin, Pope, M.

12 Mond. St. Martin, Pope, M. ſemid. *red.*
13 Tueſ. St. Didacus, Conf. ſemid. *white.*
14 Wedn. Feria, *green.*
15 Thurſ. St. Gertrude, Virg. doub. *white.*
16 Frid. Feria, *green.* Faſt.
17 Sat. St. Gregory Thaumaturgus, Bp. ſemid. *white.* Abſtinence.
18 Twenty-fourth SUNDAY after Pentecoſt, from the Sixth after Epiphany, Dedication of the Churches of St. Peter and St. Paul at Rome, doub. *white.* Veſpers of the Feaſt, from the little Chapter of St. Elizabeth, Com. of the Dedications of the Sunday, and of St. Pontian, P. M.
19 Mond. St Elizabeth, Wid. doub. *white.*
20 Tueſ. St. Edmund, K. M. a greater doub. *red.*
21 Wedn. Preſentation of the Bl. Virgin, a greater doub. *white.*
22 Thurſ. St. Cecily, V. M. doub. *red.*
23 Frid. St. Clement, Pope, M. ſemid. *red.* Faſt.
24 Sat. St. John of the Croſs, Conf. ſemid. *white.* Abſtinence.
25 Twenty-fifth and laſt SUNDAY after Pentecoſt. St. Catharine, V. M. doub. *red.* Veſpers of her, from the little Chapter of St. Felix, Com. of St. Catharine, of the Sunday, and of St. Peter, Bp. M.
26 Mond. St. Felix, Conf. doub. *white.*
27 Tueſ. Feria, *green.*
28 Wedn. Feria, *green.*
29 Thurſ. Vigil of St. Andrew, *purple.* Faſt.
30 Frid. St. ANDREW, Ap. doub. of 2d Claſs, *red.* Veſpers ſecond of the Apoſtles, Com. of our Lady, Abſtinence.

DECEM-

DECEMBER 31 Days.

1 Sat. Of our Lady, *white.* Abſtinence. After Complin, *Alma Redemptoris.*
2 ADVENT SUNDAY, *purple.* Veſpers of St. Francis Xaverius. Com. of the Sunday.
3 Mond. St. Francis Xaverius, Conf. doub. *white.*
4 Tueſ. St. Peter Chryſologus, Bp. doub. *white.*
5 Wedn. St. Bibiana, V. M. (2) ſemid. *red.*
6 Thurſ. St. Nicolas, Bp. doub. *white.*
7 Frid. St. Ambroſe, Bp. Doct. doub. *white.* Faſt.
8 Sat. CONCEPTION of our Lady, doub. 2d Claſs, *white.* Veſpers of her, Com. of Advent. Abſtinence.
9 Second SUNDAY of Advent, *purple.* Veſpers of the Sunday, Com. of the Octave, and of St. Melchiades.
10 Mond. of the Octave of the Conception, *white.*
11 Tueſ. St. Damaſus, Pope, ſemid. *white.*
12 Wedn. of the Octave, *white.*
13 Thurſ. St. Lucy, V.M. doub. *red.*
14 Frid. of the Octave, *white.* Faſt.
15 Sat. The Octave of the Conception, doub. *white.*
16 Third SUNDAY of Advent, *purple.* Veſpers of the Sunday, Com. of St. Euſebius.
17 Mond. St. Euſebius, Bp. M. (16) ſemid. *red.* *O Sapientia.*
18 Tueſ. Feria, *purple.* *O Adonai.*
19 Wedn. Ember Day, *purple.* Faſt. *O Radix.*
20 Thurſ. Vigil of St. Thomas, *purple.* Faſt. *O Clavis.*
21 Frid. Ember Day, St. THOMAS, Ap. doub. 2d Claſs, *red.* Veſpers (ſecond) of Apoſtles, Com. of Advent. *O Oriens.* Faſt.
22 Sat. Ember Day, *purple.* Faſt. *O Rex Gentium.*

23 Fourth

23 Fourth SUNDAY of Advent, *purple*. Veſpers of the Sunday. O *Emmanuel*.

24 Mond. Vigil of Chriſtmas, *purple*. Faſt.

25 Tueſ. CHRISTMAS DAY, doub. of firſt Claſs, *white*. Veſpers proper, Com. of St. Stephen.

26 Wedn. St. STEPHEN, firſt Martyr, doub. 2d Claſs, *red*. Pſalms at Veſpers on this and the other Holy Days the ſame as on Chriſtmas Day; from the little Chapter of the Saint, Com. of St. John, and of Chriſtmas.

27 Thurſ. St. John Ap. & Evang. doub. 2d Claſs, *white*. in Veſpers Com. of Holy Innocents, of Chriſtmas, and of St. Stephen.

28 Frid. HOLY INNOCENTS doub. 2d Claſs *purple*. Veſpers from the little Chapter of St. Thomas M. Com. of Innocents and of Chriſtmas. Abſtinence.

29 Sat. St. THOMAS of Canterbury, doub. firſt Claſs. *red*. in Veſpers, Com. of Sunday within the Octave & of Chriſtmas. Abſtinence.

30 SUNDAY within the Octave of Chriſtmas, *white*. Veſpers from the little Chapter of St. Silveſter, Com. of the Sunday and of the five Octaves.

31 Mond. St. Silveſter, doub. *white*.

Soli Deo Gloria.

N. B. That the Fifth Council of Lateran, Seſſ. x. and the Council of Trent, Seſſ. iv. have ſtrictly forbid the printing or publiſhing any Book relating to religious Matters, without the Approbation of the Biſhop.

11 AP 66

NEW YEAR's GIFT,

FOR

The YEAR 1770.

OR,

An Exhortation to the CHRISTIAN PILGRIM, to ſecure to himſelf a happy Eternity, by the good Uſe of this preſent Time.

See, Brethren, how you walk circumſpectly, not as unwiſe, but as wiſe; redeeming the Time, becauſe the Days are evil. Epheſ. v. 15, 16.

BEHOLD, dear Chriſtian Pilgrim, after ſo many Years that we have been on our Journey, which are all now paſt and gone (having flowed away into the great Gulph of Eternity, never more to return to us) our good God has brought us to the Beginning of this New Year, with a merciful Deſign, that if hitherto we have been *unwiſe*, by ſquandering away ſo much of our precious Time in the Purſuit of empty Vanities, and lying Follies; we might now at leaſt begin to be *wiſe*, by labouring in earneſt to begin a new Life with this new Year, and to redeem all the Miſcarriages of our paſt Life, by dedicating what remains of our Time to the Love and Service of God.

The Subject then here propoſed for your Entertainment on this firſt Day of the Year, is to exhort you, to enter now upon a new Life; with a reſolute Determination, with the Grace of God, to continue it to the End; by keeping off from all wilful Sin, and by *walking carefully before* the Lord *your God*, in the lovely Paths of true *Holineſs, and* Chriſtian *Juſtice, all the Days of your Life:* that ſo you may at all Events ſecure to your Soul a happy Eternity.

In order to this, you muſt begin by invoking the Grace of God, through Jeſus Chriſt, by moſt humble and fervent Prayer: for without his Aſſiſtance, you cannot make one right Step in your Journey towards Heaven. Then relying on him, and his Grace, and not on any Strength of your own, you muſt declare an eternal War againſt your ſpiritual Enemies, the World, the Fleſh, and the Devil; with an abſolute Reſolution, (which you muſt renew every Day, and often in the Day) for no Conſideration whatſoever, ever to conſent, ſo much as in Thought, to any one wilful Sin. Your beginning effectually a new Life with the new Year, wholly depends upon your laying down this Foundation. No good at all can be expected without this Reſolution. To build upon any thing elſe, ſo as to promiſe yourſelf a happy Eternity, without effectually renouncing at leaſt all Mortal Sin, would be a diabolical Illuſion and Preſumption.

In this your Declaration of a perpetual War againſt all wilful Sin, you muſt have a particular Attention, to oppoſe, and to guard againſt thoſe Paſſions and Vices, which you are moſt inclined to, and which therefore moſt endanger your Soul's Salvation. And in order to this, you muſt ſtudy well to know your-

ſelf,

ſelf, and the true State of your own Interiour, eſpecially with regard to *ſpiritual Sins*, which being more internal, often lie lurking in the Soul, and though frequently heinous and mortal, are but little taken Notice of by the generality of Worldlings: leſt if you neglect this important Study and Knowledge of yourſelf, you may blindly and miſerably by the Means of theſe ſpiritual Sins, which you take no Care to ſubdue, walk on with them in the broad Road that leads to Deſtruction, whilſt through your affected Ignorance and Careleſſneſs of the State of your Interiour, you flatter yourſelf you are walking in the way of Life.

That this may never be your Misfortune, examine yourſelf diligently upon the Heads of the ſpiritual Vices of *Pride*, *Envy*, *Hatred*, and *Malice*, and all their unhappy Offspring; and upon that *Self-love*, which is the Mother of them all, by which we love the gratifying ourſelves and our own Will, better than God. See alſo how you ſtand affected with regard to the Vice of *Covetouſneſs*, and the *Love of this wretched World* and its Goods, as you call them; as alſo with regard to the Love of Pleaſures; and ſee whether theſe are not too often preferred before God. Then examine your Conſcience upon the Vice of *ſpiritual Sloth*, a moſt general Evil amongſt the Children of the World, and the moſt pernicious to the Soul, by its infinite Oppoſition to the Love and Service of God, and by its excluding the Spirit of Prayer, which is the very Channel of Divine Grace. All theſe *ſpiritual* Evils of their Kind are mortal Sins, when deliberately conſented to. And therefore there can be no Security for the Chriſtian, who does not moſt ſeriouſly guard againſt all the Deluſions of theſe his moſt dangerous Enemies,

and perpetually watch and pray and fight againſt them all. In this Warfare you muſt provide yourſelf with the Arms recommended by the Apoſtle, Epheſ. vi. More eſpecially with a ſtrong Confidence in our Lord, joined with an humble Diſtruſt in yourſelf; ever oppoſing to the fiery Darts of the moſt wicked Enemy, the *Shield* of a lively *Faith*, and a conſtant Remembrance of the great Truths of Eternity; and protecting your Head with the *Helmet* of *Salvation*, that is, with Divine Hope, as with the Divinity itſelf; and engaging our Lord to ſtand by you by earneſt *Prayer and Supplication; praying at all Times in the Spirit, and in the ſame watching with all Inſtance*; that is, with great Fervour and Perſeverance. O! it is this Watching and Inſtance in Prayer which alone can inſure to us the Victory over all our Enemies.

But the Chriſtian Pilgrim, who would effectually ſecure to his Soul a happy Eternity, by the good Uſe of the Time he has yet to come, muſt not only ſet out with a ſolemn Declaration of a perpetual War againſt Satan and his Allies, the World and the Fleſh; and an abſolute Determination to fight 'till Death againſt all his Vices and Paſſions, whether carnal or ſpiritual: He muſt alſo ſeriouſly apply himſelf to the acquiring of all Chriſtian Virtues, that ſo he may *walk worthy of his Calling* in true *Holineſs and Chriſtian Juſtice all the Days of his Life*: He muſt not only *decline from Evil*, but *he muſt do Good*. What this Good is that we are to do in Order to ſecure our Salvation, we muſt learn from our Lord himſelf, Matt. xix. 17. *If thou wilt enter into Life, keep the Commandments*: and St. Mark xii. 30, 31. *Thou ſhalt love the Lord thy God with thy whole Heart, and with thy whole Soul, and with thy whole Mind, and with thy whole Strength*: and, *Thou ſhalt love thy Neighbour as thy-*

thyſelf. In the fulfilling theſe two great Commandments, is found all true Chriſtian Juſtice and Holineſs: *This do, and thou ſhalt live for ever,* St. Luke x. 28. This Love of God, for his own Sake, and of our Neighbours for God's Sake, is the Queen of all Chriſtian Virtues, and never fails to bring them all along in her Company. This heavenly Charity, whereſoever ſhe comes, is moſt fruitful in her Offſpring, by the Works of Mercy both Corporal and Spiritual, which ſhe produces, together with all thoſe good Things of all other Goſpel Virtues, to which Eternal Life is ſo often promiſed in the Holy Scriptures. Theſe are the *good Works*, this is the *good Life*, which muſt effectually bring the Chriſtian to the Enjoyment of his God, and a happy Eternity.

Here then, dear Chriſtian Pilgrim, is the great Buſineſs of your Life; here is your *One Thing neceſſary*, St. Luke x. 12. which we entreat you to take to Heart above all Things; and to dedicate to this your moſt important Concern, not only the Beginning of this new Year, but the whole Remainder of your Days. All Kind of Motives preſs upon you the Neceſſity of being quite in earneſt in this: Your All is here at Stake for Eternity: 'Tis your moſt indiſpenſable Duty; your greateſt Intereſt; the only Thing that can make you happy: If you take proper Care of this your moſt important Buſineſs, all is well, and will be well with your for ever. But if this be neglected, you ſhall meet with nothing here but *Vanity and Vexation of Spirit*, and run a dreadful Riſk of the eternal Loſs of your Soul hereafter.

Say then with the Prophet (Pſalm lxxvi.) *I have ſaid, Now I begin;* O let *this* be *the Change of the*

Right Hand of the moſt High. And riſe up without Delay on this firſt Day of the Year, to enter reſolutely upon the Ways of true Peace, Comfort and Life, in the Company of our Lord Jeſus Chriſt, and of all them that fear him and love him: And henceforward vigorouſly purſue this happy Journey, in Spite of all Oppoſition of the World, of the Fleſh, and of the Devil. *God* will be *for you*, what Matter *who is againſt you?* God will never forſake you, if you reſolve never to forſake him. He will aſſiſt you in all your Labours and Difficulties, and give you the Victory in all your Conflicts. He will ſtand by you both in Life and Death; and never ceaſe to be with you 'till he takes you to himſelf in a happy Eternity. Amen.

A ſhort Rule and Order of Life, recommended to a Chriſtian, who living in the World, deſires to ſecure the Salvation of his Soul.

1. Let him always begin the Day well, by giving his firſt Thoughts and his Heart to God. Nothing is of greater Importance in a Chriſtian Life.

2. Let him beware of indulging his Sloth, by lazy lying in Bed, at the Time he ſhould be praiſing and ſerving God. It is moſt wholeſome both for Soul and Body to riſe betimes in the Morning, to the Worſhip of God.

3. Let him never omit his regular Exerciſe of Morning Prayer; and let him be very diligent in this important Duty.

4. If

4. If he have Opportunity, let him assist every Day, with great Devotion, at the divine Sacrifice: Or if he cannot assist really, let him assist at least in Spirit; and let him make daily a spiritual Communion.

5. Let him use his best Endeavours to procure for himself some Time every Morning, to spend alone with God alone in the Closet of his own Heart, in the Way of Mental Prayer, or devout Meditations or Colloquies with our Lord, accompanied with pious Affections and Resolutions. This is the true School of divine Love, and of all Good.

6. As to what regards the Employment of his Time during the Day; if by his Calling and Condition of Life, he is obliged to follow any Labour, Trade, or other worldly Business, he must consider this Labour, Trade, or Business, as allotted him by the Providence and Will of God, the great Master of us all; and in Consequence of his divine Will, he must be diligent in all the Duties of his Calling, as serving God, and not Man. He must also take special Care to sanctify both his Business, and all the ordinary Actions of the Day, by a pure Intention of pleasing God in all he does, and by seasoning them all with the Remembrance of the Presence of God, and by frequent Oblations of his whole Heart and Soul to divine Love. This Care to sanctify in this Manner all our ordinary Actions and daily Employments, is one of the most important Points in a spiritual Life.

7. Those who are under no Necessity of following any Labour, Trade, or Business, for the supporting themselves or Families, must nevertheless by the Will

Will and Ordinance of God, employ their Days in ſome commendable Exerciſes, ſuitable to their Condition: and in like Manner take Care to ſanctify theſe their Exerciſes, and all the ordinary Actions of the Day, by a good Intention and frequent Acts of divine Love. For the leading an idle Life in a conſtant Round of Paſtimes and ſenſual Pleaſures, and in the Forgetfulneſs of God, can never bring any Man to Heaven, whatſoever his Condition may be in the World: For ſuch a Life as this, if we believe the Goſpel, is the broad Road to Perdition.

8. The Chriſtian who deſires to ſecure his Soul, muſt not only begin the Day well, but he muſt alſo take great Care to end the Day well; by a conſtant Diligence in his Evening Exerciſe, and in the daily Examination of his Conſcience. And if he be Maſter of a Family, let him ſee that they alſo join with him in theſe Devotions; concluding them always with the reading of a devout Meditation, or of ſome other good Leſſons of Chriſtian Piety.

9. On the Lord's Day, and the other Feſtivals, which by the Law of God and his Church we are commanded to keep holy, the true Chriſtian ought to lay all other Buſineſs aſide, and to apply himſelf ſeriouſly and in good earneſt to the great Buſineſs of his Soul, as well by a Diligence in aſſiſting at the Publick Worſhip of the Church, if he have it in his Power, both in the Forenoon and Afternoon; as by a conſtant Attention to dedicate as much as he can of his Time on theſe Days, to his private Devotions or Meditations on the great Truths of Eternity, or hearing the Word of God, or reading the Lives of Saints, or other good Books, &c. taking Care alſo that theſe Days be properly ſanctified by all under his

his Charge. Nothing will more effectually contribute to bring a Chriſtian, after the Labours of theſe *ſhort and evil Days* of his mortal Pilgrimage, to the happy Reſt of the eternal Sabbath, than this diligent Sanctification of the Lord's Day.

10. The Chriſtian who deſires to ſecure the Salvation of his Soul, muſt alſo be diligent in frequently and worthily approaching to the holy Sacraments, in which our Lord has depoſited in our Favour, and by which he plentifully imparts to devout Souls, the very Fountain of all Grace and Sanctity. Whoſoever aſpires to Devotion, ought at leaſt once a Month to approach to the ſacred Myſteries, with Faith, with Fear and with Love: Many may and ought to receive oftener, as they ſhall be directed by their ſpiritual Guides. The holy Communion is the moſt ſovereign Means of all to maintain the Soul in Grace, and to advance her in all Virtue, and even to bring her to the Heighth of Perfection.

The Chriſtian Pilgrim who ſhall be faithful unto Death in following theſe Rules, ſhall moſt certainly live for ever.

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